Bergman: A Year in a Life
Directed by Jane Magnusson
BFI 3-disc Blu-ray set and DVD release on 25 March 2019, after iTunes release on 18 March 2019

Jane Magnusson’s illuminating documentary, produced for Ingmar Bergman’s centenary last year, centres on 1957, a turbulent but miraculously productive year when the great director, besides unveiling The Seventh Seal and Wild Strawberries and working extensively in theatre and TV, led a messily complicated domestic life that included a spell in hospital. After its theatrical release by the BFI in January, Bergman: A Year in a Life is released on Blu-ray and DVD on 25 March 2019 after an iTunes release on 18 March. The Blu-ray also contains the expanded four-hour version made for Swedish TV, Bergman: A Life in Four Acts. Both formats include a Q&A with Jane Magnusson and Vox Lipoma, an animated short.

The film’s focus on 1957 provides a springboard for a survey that spirals out to embrace everything from childhood to old age, touching on Bergman’s many creative achievements, his strengths and failings as a man, and the way his art derived from his life. Illuminating anecdotes are offered by many who knew him – none, however, perhaps quite as revealing as Ingmar’s own testimony.

Special features
- Bergman: A Year in a Life Q&A (2019, 17 mins): Jane Magnusson in conversation with Geoff Andrew at BFI Southbank
- Vox Lipoma (Jane Magnusson, 2018, 11 mins): satirical animation about Ingmar Bergman’s power, sexuality and relationships (shown at the 2018 BFI London Film Festival)
- Ingmar Bergman Guardian Interview (1982, 62 mins, audio only): Bergman pays tribute to theatre and film director Alf Sjöberg, discussing his influence and impact on his own career; recorded at the NFT in 1982
- UK theatrical trailer (2019)
- [Blu-ray release only] – Illustrated booklet with new writing on the film by Jane Magnusson, BFI programmer-at-large Geoff Andrew, plus full film credits

Blu-ray product details
RRP: £29.99 / Cat. no. BFIB1331 / Cert 15
Sweden / 2018 / black and white, colour / 117 mins / English and Swedish, with optional English and English hard-of-hearing subtitles / original aspect ratio 16:9 / 3 x BD50: 1080/50i, 5.1 DTS-HD Master Audio (48kHz/24-bit) 2.0 stereo audio (320kbps)

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**DVD product details**

**RRP: £19.99 / Cat. no. BFIV2123 / Cert 15**
Sweden / 2018 / black and white, colour / 117 mins / English and Swedish, with optional English and English hard-of-hearing subtitles / original aspect ratio 16:9 / DVD9: PAL, 25fps, Dolby Digital 5.1 audio (48kHz/16-bit) and 2.0 stereo audio (320kbps)

**Press contact for more information, review copy requests and images:**
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BFI releases are available from all good home entertainment retailers or by mail order from the BFI Shop Tel: 020 7815 1350 or online at [www.bfi.org.uk/shop](http://www.bfi.org.uk/shop)

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The BFI is the UK’s lead organisation for film, television and the moving image. It is a cultural charity that:

- Curates and presents the greatest international public programme of World Cinema for audiences; in cinemas, at festivals and online
- Cares for the BFI National Archive – the most significant film and television archive in the world
- Actively seeks out and supports the next generation of filmmakers
- Works with Government and industry to make the UK the most creatively exciting and prosperous place to make film internationally

Founded in 1933, the BFI is a registered charity governed by Royal Charter. The BFI Board of Governors is chaired by Josh Berger CBE.

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